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## Tiffany Brimberry, Psy.D Licensed Psychologist # 0004679

### EDUCATIONAL HISTORY

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**Adler School of Professional Psychology** August 2010 – October 2015  
Chicago, IL  
Doctorate in Clinical Psychology; APA accredited program  
Traumatic Stress Psychology Concentration  
Conferral Date: October 2015

**Adler School of Professional Psychology** August 2010 – October 2013  
Chicago, IL  
Master of Arts in Counseling Psychology  
Conferral Date: October 2013

**Regis University** September 2006 – May 2010  
Denver, CO  
Bachelors of Science in Honors Psychology  
Minor in Music, Vocal Performance Emphasis

### TRAINING EXPERIENCE

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#### Reaching Hope

#### *Trauma Psychologist Candidate*

February 2017- present

- Facilitate individual therapy with adults, adolescents, children, families and couples with histories of single incident trauma and complex trauma (abuse, neglect, incest, sexual assault, domestic violence, stalking, harassment, robbery, homicide and motor vehicle accidents) using a Integrated Family Systems and Attachment, Phase-Based Model for treatment
- Co-facilitating group therapy for children with histories of abuse and neglect
- Conducting initial intake interviews to discuss presenting concerns and treatment goals
- Supervising psychological assessments and reports written from a trauma-informed perspective
- Participating/co-facilitating weekly didactic trainings for externs and interns
- Attending seminars and presentations for ongoing education relevant to providing trauma-informed care, bereavement and assessment
- Providing supervision to doctoral students related to child and adult cases as well as assessment cases
- Completing documentation to include creating new charts, updating progress notes, supervision notes and crime victimization compensation treatment plans for clients and supervisees

- Assisting with business administration to include billing, invoices, managing and updating financial spreadsheets, and making and returning phone calls inquiring about services offered

**Solstice Willow Counseling, LLC**  
***Licensed Psychologist/Director***

January 2018-present

- Provide individual, couple and family therapy to individuals in a private practice setting presenting with a myriad of mental health diagnoses to include mood disorders, personality disorders, marital distress, and trauma-related disorders
- Completing progress notes, treatment plans and documentation for client sessions
- Consulting with other healthcare professionals and legal professionals, as indicated
- Outreaching other professionals and collateral contacts affiliated with clients to ensure continuity of care
- Attending to all administrative, financial and marketing business tasks

**Mental Health Center of Denver**  
***Mental Health Therapist/Psychology Postdoc***

September 2015-February 2017

Denver, CO

Supervisors: Meghan Wilde

- Facilitating individual therapy with adults with severe and persistent mental illness on an outpatient level, carrying a caseload of 70-100 consumers, specifically with histories of trauma, personality disorders and other diagnoses
- Conducting initial intake interviews, formulating diagnosis and treatment plans collaboratively with consumers to aid in recovery
- Engaging in crisis intervention, as indicated, including operating on-call on a weekly basis
- Co-facilitating group therapy to include Life Skills for Trauma and Anger and Hoarding Group
- Administering neuropsychological/psychological assessment with supervision
- Completing reports based on neuropsychological/psychological assessment and providing feedback to consumers and care providers
- Attending seminars and trainings on Solution-Focused Therapy, Trauma Recovery Empowerment Model, Suicide, and Dialectical Behavior Therapy
- Consulting with interdisciplinary team to provide effective treatment to consumers from a holistic, recovery-based approach
- Outreaching probation offices, Child Protective Services, other providers and collateral contacts related to consumer care
- Documenting progress notes for individual and group therapies in addition to consultation and outreach with other providers and consumers

**Colorado Mental Health Institute at Fort Logan**  
**APA Accredited Psychology Intern**

August 2014 – August 2015  
Denver, CO

Supervisors: Kendra Sherwood, Ph.D,  
Aaron S. Townsend, Ph.D,  
Holly Cappello, Psy.D  
Lauri Korinek, Ph.D  
Valerie Sims, Psy.D

- Gaining experience working on various rotations including Adult Team V, an all male psychiatric unit focused on treatment of aggression, sexually intrusive behaviors, chronic mental illness and dangerousness assessment; Adult Team III, a fast-paced admission unit for acute treatment of women and men with severe, persistent mental illness; and Trauma Informed Care, working across Adult Teams I, II, III and V to provide trauma-informed individual and group therapies and assessments
- Resolving mental health holds and evaluating need for ongoing treatment certification with supervision
- Facilitating group therapy including Trauma Recovery and Empowerment Model group, Male- Trauma Recovery and Empowerment Model group, Dialectical Behavior Therapy, Seeking Safety, Red Light Group for sexual offenses, and social-cognition groups
- Completing rapid psychological evaluations, including cognitive and personality testing
- Writing psychological evaluations to assist in clarification of psychiatric diagnosis, to identify treatment recommendations for disposition planning for individuals with severe and persistent mental illness
- Administering neuropsychological assessment batteries and writing neuropsychological evaluations
- Conducting dangerousness and risk assessments
- Facilitating a functional analysis of behavior
- Conducting individual therapy with clients with histories of trauma, a myriad of mental illnesses and neuropsychological anomalies
- Assisting clients in integrating techniques to address memory deficits including creating memory books for individuals
- Observing court proceedings for mental health treatment certification
- Facilitating presentations on Trauma-Informed Care, Vicarious Trauma, Social Cognition and Functional Analysis
- Attending didactic seminars, weekly on assessment, neuropsychological assessment, diversity, assessment of malingering, assessment and treatment of sexual offenders, assessing dangerous offenders, trauma-informed care, forensic psychology, spirituality in mental health, chronic pain, ethics, electroconvulsive therapy, and Autism Spectrum Disorder treatment
- Consulting with interdisciplinary team for case management and treatment plan review with clients
- Documenting progress notes and treatment goals for individual and group interventions
- Engaging in individual and group supervision weekly

**Elgin Mental Health Center**

September 2013 – June 2014

***Advanced Extern***

Elgin, IL

Primary Supervisor: Craig Anderson, Psy.D, QITP

Total hours: 608

- Conducted individual therapy with adults on the civil and forensic units at the psychiatric hospital
- Administered forensic and psychological competency evaluation
- Completed report for competency to stand trial
- Co-facilitated group therapies including dialectical behavioral therapy, mental illness substance abuse, conflict resolution, competency/fitness restoration, and problem solving skills
- Conducted intakes and clinical interviews weekly for new admissions
- Developed treatment plans with the client and treatment team
- Observed family interventions and therapy
- Observed court proceedings for clients deemed Not Guilty by Reason of Insanity (NGRI)
- Participated in individual supervision and medical staffing on a weekly basis
- Consulted with psychiatrist, physician, social workers and nursing staff for case management
- Documented progress notes and treatment goals for individual and group interventions
- Attended didactic seminars on neuropsychological assessment, screening for malingering, pharmacotherapy, and court related services

**Sheridan Shores Rehabilitation and Nursing**

July 2012 – July 2013

**Facility/ Healthcare Center**

***Therapy Extern***

Chicago, IL

Primary Supervisor: Nicholas O’Riordan, Ph.D

Total Hours: 1,031

- Provided brief and long term individual therapy for a case load of eight adults (ages 18+) with severe mental illness in a residential, long term care facility
- Engaged in milieu therapy and crisis management to residents within the facility
- Designed group therapy curriculum and facilitated groups including cancer support, expressive music, dialectical behavioral therapy, and substance abuse
- Conducted clinical interviews and intakes
- Administered psychological assessment in English and Spanish
- Developed ongoing treatment planning and feedback sessions with individual clients
- Presented client cases and didactic seminars.
- Consulted with social services and other clinical services individuals for case management and advocacy via triage
- Engaged and participated in weekly individual and group supervision weekly

**Hillcrest Healthcare Center**

August 2011- July 2012

***Diagnostic Externship***

Joliet, IL

Primary Supervisor: Leslie Cox, Psy.D

Total Hours: 986

- Completed comprehensive psychological assessment and reports, and provided services to adults with severe mental illness in a residential, long term healthcare facility
- Conducted Intake Assessments, Psychosocial Evaluations and Risk Assessments
- Administered extensive cognitive, objective personality and projective assessments
- Developed curriculum for and facilitated music group therapy
- Composed integrative, comprehensive reports of cognitive and personality functioning
- Designed and facilitated didactic presentations, individual cases presentations, and music therapy interventions
- Consulted with social services, nurses and staff regarding case management and client functioning
- Participated in weekly group and individual supervision

**Karlis Family Tree Center**

January 2010 – June 2010

***Undergraduate Internship***

Denver, CO

Primary Supervisor: Charles Shelton, PhD

Secondary Supervisor: Lindsay Gravely

Parenting Specialist and Volunteer Liason

- Conducted supervised parenting sessions for families in crisis, specifically parents with histories of domestic violence, abuse and psychiatric mental illness to meet with their children
- Composed clinical notes for domestic violence cases and individual sessions
- Shadowed intake sessions
- Completed research on sociocultural and ethnic differences regarding counseling.

**ASSESSMENT PROFICIENCIES**

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**Cognitive:** Wechsler Adult Intelligence Scale – Fourth Edition (WAIS-IV), Wechsler Intelligence Scale for Children – Fifth Edition (WISC-5), Wechsler Intelligence Scale for Children (WISC-IV), Wide Range Achievement Test, Fourth Edition (WRAT-4), Wechsler Individual Achievement Test, Edition 3 (WIAT-III), Montreal Cognitive Assessment – Version 7.1 (MOCA)

**Neuropsychological:** Short Category Test, Rey Osterrieth Complex Figure, California Verbal Learning Test (CVLT-II), Trails Making Test, Grooved Pegboard, Wisconsin Card Sort, Finger Tapping, Hand Dynamometer, STROOP, Wechsler Memory Scale, Fourth Edition (WMS-IV), Gestalt Street Test

**Personality/Projective:** Rorschach Inkblot Test (Exner Comprehensive System), Minnesota Multiphasic Personality Inventory, Second Edition (MMPI-2), Millon Clinical Multi-axial Inventory (MCMI-III), Personality Assessment Inventory (PAI), Thematic Apperception Test (TAT), Beck Anxiety Inventory (BAI), Beck Depression Inventory (BDI), Clinical Anger Scale, Hamilton Rating Scale for Depression (HRSD), Rotter Incomplete Sentences, Adult (RISB-2), House-Tree-Person Drawing, Person-in-the-Rain Drawing, Life Style Inventory, Mood Disorder Questionnaire, Posttraumatic Stress Diagnostic Scale, Trauma Symptom Inventory (TSI), Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I), Suicide Probability Scale, Brief Psychiatric Rating Scale (BPRS-24), Historical, Clinical, Risk Management (HCR-20), CAGE-AID Substance Abuse Screening Tool, Trauma Symptom Checklist for Children (TSCC), Trauma Symptom Inventory (TSI-2), Trauma Symptom Checklist for Young Children (TSCYC)

**Competency:** Inventory of Legal Knowledge (ILK), In-House Fitness Questionnaire – Elgin Mental Health Center

**Malingering:** Structured Inventory of Malingered Symptomology (SIMS), Test of Memory Malingering (TOMM)

**Risk Assessment:** Violence Risk Appraisal Guide (V-RAG), Sex Offender Risk Appraisal Guide (SORAG), Hare Psychopathy Checklist-Revised (PCL-R) under supervision, Sexual Violence Risk-20 (SVR-20)

## RESEARCH EXPERIENCE

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### Adler School of Professional Psychology

#### *Dissertation*

**Topic:** The Impact of Engagement with Social Networking on the Grieving Process in Bereaved Emerging Adults

**Expected Date of Completion:** June 2015

**Dissertation Chair:** Janna Henning, Psy.D

### Adler School of Professional Psychology

#### *Student Research Assistant*

January 2011 – June 2011

Chicago, IL

**Topic:** Undocumented Adolescents and the Impact on Violence and Mental Health

Primary Supervisor: Nataka Moore, Psy.D

Primary Investigator

- Studied and researched undocumented individuals and the effects on violence and mental health
- Collaborated with another peer and primary supervisor guiding research toward a grant proposal to aid the Back of the Yards community in Chicago

**Regis University**  
***Student Researcher for Honors Thesis***

June 2009 – August 2010

**Topic:** Studying effects of instrumental jazz, instrumental alternative and silence on reading comprehension and EEG's in music versus non-music undergraduate students.

**Chair:** Dr. Rona McCall, Ph.D

**Co-Chair:** Dr. Mark Basham, Ph.D

- Completed training in BioPac System EEG Software
- Composed literature review, informed consent, reading comprehension assessments, provided feedback to participants
- Collected participant data including reading comprehension scores and EEG's for 100 individuals
- Analyzed data and compiled findings of research into a thesis paper

## **PRESENTATIONS**

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Austin, A., Born, A. & Brimberry, T. (2019, July). *Complex PTSD and Family Systems*. Powerpoint Presentation presented at Sexual Assault Response Task Force Meeting, Westminster, CO.

Austin, A., Born, A. & Brimberry, T. (2017, August). *Working with Sexual Abuse Survivors in Foster Care*. Powerpoint Presentation presented at Adams County Economic Development Corporation, Westminster, CO.

Brimberry, T & Henning, J. (2016, April). *The Impact of Engagement with Social Networking on the Grieving Process in Bereaved Emerging Adults*. Poster session presented at the Association for Death Education and Counseling 38<sup>th</sup> Annual Conference, Minneapolis, MN.

Brimberry, T. (2015, June). *Patient Care Monitoring*. Presentation at Colorado Mental Health Institute, Denver, CO.

Brimberry, T. (2015, March). *Vicarious Trauma*. PowerPoint Presentation presented at Colorado Mental Health Institute, Denver, CO.

Brimberry, T. (2013, February). *Schizophrenia with Humor: Friend or Foe?* Poster session presented at the Chicago School of Professional Psychology Cultural Impact Conference, Chicago, IL.

Brimberry, T. (2010, May). *Effects of Music Genre and Extraversion on Reading Comprehension*. Poster session presented at Regis University poster symposium, Denver, CO

## CONFERENCES/CONTINUING EDUCATION

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ARC Trauma Treatment for Children and Adolescents	August 2019
Dialectical Behavior Therapy: Intensive Training	May 2019
PTSD Consultation: Lethal Means Safety: How PTSD Clinicians Can Have the Conversation	January 2019
PTSD Consultation: Dementia Risk in Veterans with PTSD and a History of Blast Related TBI	October 2018
Shame Shields: The Armor We Use to Protect Ourselves and Why It Doesn't Serve Us	October 2018
PTSD Consultation: The Continuum of Care for PTSD Treatment	August 2018
Attachment Trauma Through a Family Lens	July 2018
It Won't Hurt Forever: Guiding Your Child Through Trauma	July 2018
PTSD Consultation: Balancing Clinical Flexibility While Preserving Efficacy in Delivering EBPs for PTSD	July 2018
PTSD Consultation: What the Latest Research Tells Us about Treating PTSD Nightmares	June 2018
PTSD Consultation: Brief Prolonged Exposure for PTSD	May 2018
PTSD Consultation: Assessing and Managing Violence Risk in Veterans with PTSD	April 2018
PTSD Consultation: PTSD Treatment Via Telehealth	February 2018
PTSD Consultation: Written Exposure Therapy for PTSD	January 2018
PTSD Consultation: Present Centered Therapy for PTSD	December 2017
2017 Revised CPG for PTSD: Why it matters for Primary Care & What Resources are Available	November 2017
American Psychological Association	June 2016
Well-Being Conference: Across the Lifespan	May 2015
Lauri S. Bauer Foundation for Sudden Loss Conference	May 2014
on Help, Healing and Hope After Loss – Robert Neimeyer	
Rocky Mountain Psychological Association 2010 Convention	April 2010

## COMMUNITY INVOLVEMENT

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**Adler Mentor Program** January 2010 – present  
*Student Mentor* Chicago, IL

- Mentoring first year Psy.D students with tasks including registration, applications, transitioning, and conducting research
- Meeting with students and communicating both face to face and via social networking to address concerns and provide resources and services



**Casa de Dona Melba Foster Care**  
***Community Service Study Abroad Program/Volunteer***

August 2011  
Cartago, Costa Rica

- Engaged in crafts, teaching, activities and games with children from birth to 18 years of age at a foster care center in Costa Rica
- Utilized Spanish skills to help children increase their ability for social interaction, English, and communication

**Carlos Luis Valle Maís Special Education School**  
***Community Service Study Abroad Program/Volunteer***

August 2011  
Cartago, Costa Rica

- Aided special education teachers in working with children with developmental disabilities and learning disorders
- Utilized Spanish skills and learned cultural differences in diagnosis
- Worked with children with cognitive, motor, visual disabilities and various syndromes by doing visual motor skills, hygiene, physical education, music training and activities.

**Collaboration with the Institute on Public Safety and**  
**Back of the Yards Community**  
***Research and Service Development Student***

January 2011–April 2011  
Chicago, IL

Primary Supervisor: Nataka Moore, Psy.D

- Engaged in community-based field work
- Created and presented a module for a youth mental health intervention
- Completed a needs assessment in New City, Chicago

**Respiratory Health Association**  
***Community Service Extern***

January 2011 – June 2011  
Chicago, IL

Primary Supervisor: Matthew Mahoney

- Involved in Community Outreach, Intervention, and Education for Tobacco Cessation Social Marketing
- Researched comorbidity between disorders and tobacco use, effects on work productivity, health, taxes and Illinois laws

**Developmentally Disabled Resource Center**  
***Volunteer***

January 2007– May 2007  
Denver, CO

- Assisted Adults with Developmental Disabilities in doing activities such as bowling, crafts, movie night and cooking
- Conducted, organized and supported a walk run/fundraiser for individuals with developmental disorders

## **HONORS AND AWARDS**

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Psi Chi, National Honor Society in Psychology	February 2013
Harry E. Hoewischer, S.J., Excellence in Psychology Award	May 2010
Inducted as President of Psi Chi for Regis University Chapter	April 2009
Dean's List	September 2006- May 2010
Academic Awards Certificate Department Award in Language Arts	May 2006

## **PROFESSIONAL AFFILIATIONS**

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American Psychological Association (APA)	Member since 2010
National Society of Collegiate Scholars Member	

## **OTHER RELEVANT TRAININGS COMPLETED/SKILLS**

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Completed Training for Parent Child Interaction Therapy  
Completed Training for Trauma Focused Cognitive Behavioral Therapy  
Attended 2017 Revised CPG for PTSD: Why it matters for Primary Care & What Resources are Available Web Training  
Attended Denver Children's Advocacy Center's The Impact of Trauma on the Developing Child Webinar  
Completed Training for Solution-Focused Therapy  
Completed Cognitive Processing Therapy Training  
Completed Skills Training in Affect and Interpersonal Regulation Training  
Completed Trauma-Focused Cognitive Behavioral Therapy Training  
Trained in Predictive Analytics Software (PASW/SPSS)  
Trained in BioPac System EEG Software  
Completed Mandated Reporter Training  
Completed Collaborative Institutional Training Initiative on Informed Consent  
Studied Spanish for eight years